WORK INTELLIGENTLY / FOR ORGANIZATIONS

The human side of work.



Speaking, workplace education and corporate wellness for leaders, teams and conferences. Practical conversations about feeling supported, communicating clearly and navigating change.

01 / A live conversation

An interactive conversation, workshop or learning series, online or in person. Explore human behaviour, Nervous System Intelligence, psychological safety, women's health or the human side of AI.

02 / An in-person experience

A private team or conference RESET with sound, guided rest, meditation or gentle movement. Participation is by choice; comfort, accessibility and room setup are discussed beforehand.

03 / A conference opportunity

The Human Side of Safety: a customized 45-60 minute keynote. Add an optional 15-20 minute seated Sound RESET or ask about broader conference programming.

Strategic advisory Focused or ongoing support for founders and leaders navigating people, decisions and change. Explore advisory.

Why Christina Entrepreneur, educator, speaker and mentor. A sociology degree, studies in psychology, business and leadership experience, and training in coaching and integrative wellness. Continuing studies explore psychological safety, polyvagal theory and Nervous System Intelligence.

Your proposal confirms the audience, scope, inclusions, fee, accessibility, travel and equipment. Education and restorative experiences complement professional care and workplace responsibilities.

Bring Christina into your organization.

Share your audience, priorities, date, location and budget range.

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